

# Core skill: To be able to grasp, hold and carry containers

Activity zone



Sand/water

*After that, he poured water into a basin and began to wash his disciples' feet, drying them with the towel that was wrapped around him.*

John 13:5  
New International Version



Northaw CE Primary School

## Learning sequence

- Reach out for objects as coordination develops.
- Learn hand-eye coordination.
- Practise squeezing, pinching and twisting, as well as their hand-eye coordination, training the links between body and brain to build strength in hands and wrists.
- Move sand from one container to another using a variety of tools.
- Show a preference for a dominant hand.
- Explore different types, sizes and weights of containers.
- Develop fine motor skills in order to be able to grasp and manipulate tools.
- Begin with a 2-handed grasp if needed, then work towards a one-handed grasp with more control.
- Pass things from one hand to the other.
- Learning to take things in and out of containers.
- Be able to carry containers which contain liquids without spilling.
- Develop manipulation and control in order to be able to remove a screw/twist on lid to a container.

## Adult support

- Ensure fine motor skills are taught consistently throughout the year with opportunities to practise daily e.g. threading, pincer movements, Play-Doh, opening lids.
- Provide a variety of containers and interesting things to fill them with.
- Model holding and carrying containers with care and whilst following safety procedures.
- Demonstrate ways to carry containers filled with water without spilling.

## Key vocabulary

grasp	water
squeeze	
pinching	
twisting	
containers	
lid	
tub	
liquid	
solid	
sand	

## Related core skills

- To be able to manipulate sand creatively
- To be able to move water successfully from one place to another
- To know that the texture of sand changes when water is added

## Curriculum ambition(s)

- Create imaginative and intricate structures using an understanding of properties of sand and water