



# Core skill: To be able to coordinate hand-eye and fine motor skills to mix and pour

*John answered, 'Anyone who has two shirts should share with the one who has none, and anyone who has food should do the same.'*

Luke 3:11  
New International Version



Northaw CE Primary School

## Learning sequence

- Reach out for objects as coordination develops.
- Pass things from one hand to the other.
- Use large and small motor skills to do things independently.
- Develop manipulation and control.
- Explore different tools.
- Show a preference for a dominant hand.
- To be able to grasp objects needed to mix and pour.
- Combine different ingredients.
- To develop arm strength and coordination to enable them to hold and control items when pouring, with increasing weight and accuracy.

## Adult support

- Provide lots of different things for young children to grasp, hold and explore and opportunities to develop hand-eye coordination and fine motor skills.
- Model how to use tools, mix and pour safely and carefully.
- Before teaching children the correct way to hold tools used for mixing and pouring, check that they can move and rotate their lower arms and wrists independently.

## Key vocabulary

coordination  
mix  
pour  
stir  
steady  
grasp  
hold  
combine

## Related core skills

- To know that text and images convey meaning
- To be able to select the right utensils

## Curriculum ambition(s)

- Follow a recipe to make a cake