



# Core skill: To be able to select the right utensils

*John answered, 'Anyone who has two shirts should share with the one who has none, and anyone who has food should do the same.'*

Luke 3:11  
New International Version



Northaw CE Primary School

## Learning sequence

- Explore different utensils that could be used in cooking and begin to identify what they could be used for.
- To use hands when appropriate to mix.
- Be able to select an appropriate spoon or utensil in order to add or mix ingredients.
- Use basic weighing scales or measuring spoons to add ingredients.
- Know that a sieve could be used when preparing ingredients.
- Choose plastic cutters or a rolling pin for rolling, shaping and cutting dough.
- To safely use age-appropriate knives for cutting ingredients under adult supervision.

## Adult support

- Provide opportunities for children to explore different utensils that could be used in cooking and model what they could be used for.
- Provide real-life cooking utensils in home corners and cook books/recipe magazines for children to explore.
- Explain safety procedures when using cooking utensils.
- Plan cooking sessions.

## Key vocabulary

spoon  
utensils  
knife  
mix  
ingredients  
weigh  
scale  
sieve  
rolling pin  
cutter

## Related core skills

- To know that text and images convey meaning
- To be able to coordinate hand-eye and fine motor skills to mix and pour

## Curriculum ambition(s)

- Follow a recipe to make a cake